Save energy, reduce your carbon footprint & keep warm this winter!

*A checklist of free or cheap suggestions*

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| Action Needed | Checked | Action Taken |
| Heating |  |  |
| Insulate any exposed pipework |  |  |
| Adjust radiators to a lower setting or lower your thermostats.  (One degree lower could cut your heating bills by up to 10%) |  |  |
| Check your cylinder thermostat is set no higher than 60 degrees C (or 140 degrees F) |  |  |
| Fit a lock the cupboard containing the heating controls  (& so avoid unauthorised adjustments) |  |  |
| Avoid using electrical heaters if at all possible.  (It is better to turn up your gas heating) |  |  |
| Check your heating equipment has been recently serviced |  |  |
| Fit reflective radiator panels behind as many external wall radiators as possible |  |  |
|  |  |  |
| Lighting |  |  |
| Put ‘Please turn off when not in use’ (or similar) labels near all light switches |  |  |
| Check you have low energy light bulbs fitted wherever possible |  |  |
| Switch off any floodlights after a set time (e.g.10.00pm) |  |  |

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| Action Needed | Checked | Action Taken |
| Draughts |  |  |
| Put door closers and draught seals on all relevant doors |  |  |
| Put curtains over any external door |  |  |
| Repair any broken windows |  |  |
| Put carpets on floors where there are draughts |  |  |

*More expensive options*

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| Action Needed | Checked | Action Taken |
| Install a timed thermostat so you can programme when you heat |  |  |
| Change existing external floodlights to LED lights |  |  |
| Install a motion sensor for external lights |  |  |
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