

# Confirmation

*In the Church of England, confirmation marks the point in the Christian journey at which the participation in the life of God's people begun at baptism is confirmed by the bishop by the laying on of hands. The candidates affirm for themselves the faith into which they have been baptised and their intention to live a life of responsible and committed discipleship. Through prayer and the laying on of hands by the confirming bishop, the Church also asks God to give them power through the Holy Spirit to enable them to live in this way.*



## A Resources Guide

***There are many resources which can be used both with adult leaders and with children and young people of different ages.***

***Listed below is just a sample.***

***Please contact the Diocesan Resource Centre for help or more information - and do share your own resource material!***

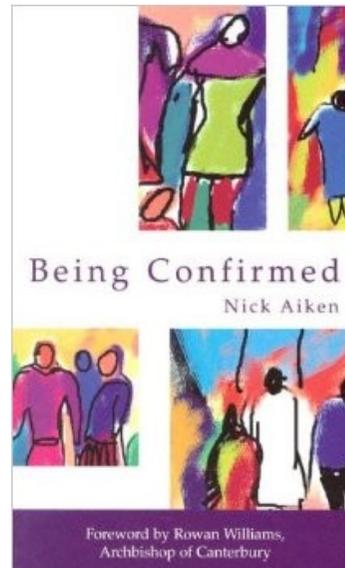
### **Being Confirmed**

By Nick Aiken

Published by SPCK

Being Confirmed has been written to help answer all those tricky questions that come up when preparing for confirmation but is also for those who wish to remind themselves of the promises they made at their first public commitment to Christ.

Nick Aiken has a clear step-by-step approach the cornerstones of the Christian faith, tackling the foundations, such as who God is and Holy Communion, and the more controversial topics such as the Bible, prayer and the Holy Spirit. "Nick Aiken is a pastor with the widest possible experience of making the Christian faith come alive for young believers in terms they can get hold of." Rowan Williams, former Archbishop of Canterbury



### **Truth: A Confirmation Course for Teenagers**

By Danny Curtin

Published by Redemptorist Publications



A bright, lively Confirmation Course for teenagers. Packed with activity ideas, real life issues, discussion topics, prayers, scripture readings and tips for leaders, this course is sure to engage any group of young people.

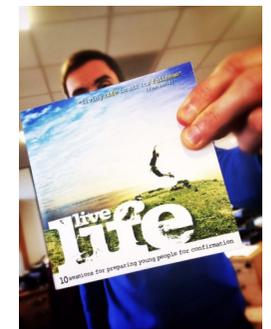
The materials are flexible, and include a Candidate's journal which is fun and accessible and has been designed so that each of the candidates' can personalise it, scribble on it or jot down notes.

### **Live Life**

By Tony Cook and Dan Jones

Published by the Diocese of Bristol

Through ten interactive and engaging sessions 'Live Life' aims to create safe spaces for young people to discuss, question and deepen their understanding of God. Each session follows a familiar and flexible structure with practical guidance for enthusiastic volunteers through to experienced youth workers and church leaders.

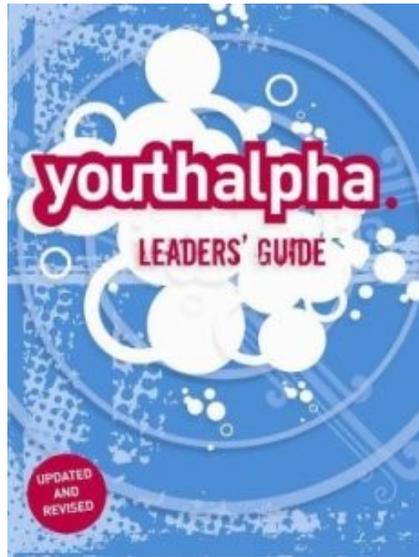


## Youth Alpha

By Nicky Gumbel

Published by Alpha

There are three central sections of the Youth Alpha Leaders' Guide. Each session is comprised of various teaching points which each have several methods of elaborating their messages, such as interactive games, video clips and an array of other exciting activities.



- Section 1: How to run a course – EVERYTHING that you will need to run a fantastic Youth Alpha Course, including launch events, the youth course itself, and a class trip away.
- Section 2: Expert Advice – 12 insightful articles about different parts of the Youth Alpha course. Each article is written by a prominent youth minister – contributors include Gavin Calver, Pete Greig and Mike Pilavachi.
- Section 3: Team Training – how to teach your team to develop and lead Youth Alpha.

The Youth Alpha Leaders' Guide is an essential resource to all leaders of the Youth Alpha Course and is packed full of all the advice you will need to deliver a successful course.



There is also a manual that accompanies the course, highlighting the main points, and giving a few more things to think about as well - quotes, stories and real-life testimonies.

## Moving Images, Changing Lives

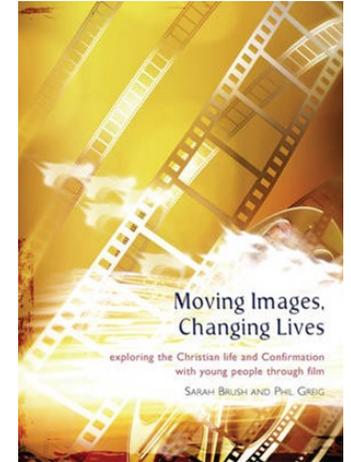
By Sarah Brush and Phil Greig

Published by Church House Publishing

Film is one area of popular culture that isn't afraid of exploring life's big ideas and big questions. Even comedy or animated films often have powerful and thought provoking undercurrents.

This resource offers an entirely fresh approach to an introductory course on the Christian faith based on popular films available on DVD.

Ideal for those exploring faith for the first time and as a confirmation course, everything is provided for the busy youth leader: equipment lists, ice-breaking activities, questions for reflection, prayers, and links to online film clips.



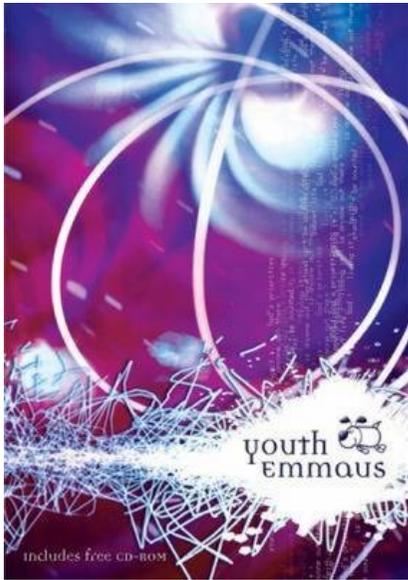
## 100 Things Every Child Should Know Before Confirmation

By Rebecca Kirkpatrick

Published by SPCK

Many youth arrive at confirmation classes without a basic grasp of key Bible stories or Christian traditions. This book helps to fill that gap, offering a compact guide for equipping their youth with knowledge and understanding of their own faith. It offers an overview of essential topics that all children growing up in the church should learn about, including key Bible stories, church history, the sacraments and creeds, world religions, and more. This practical resource helps children think critically about Christian faith as they begin their confirmation studies, providing the vocabulary and understanding needed to articulate their own theology.

## Youth Emmaus – Big Issues and Holy Spaces



By Sue Mayfield, Tim Sledge, Tony Washington, Stephen Cottrell

Published by Church House Publishing

*Youth Emmaus* is a course designed to help those aged 11 to 16 explore the basics of the Christian faith. This is no easy task - but *Youth Emmaus* offers a winning combination of meaty leaders' notes, cool hand-outs for group members, great cartoons and graphics and a free CD-ROM stacked with other useful resources. The

material is fully road-tested and ideal for youth groups and as a confirmation course for young people. *Youth Emmaus* tackles:

- What Christians Believe (5 Units)
- How Christians Grow (5 Units)
- Living the Christian Life (3 Units)

*Youth Emmaus* also contains a FREE CD-ROM that includes:

- Hand-outs and supplementary hand-outs for all sessions as PDF files
- Emmaus Poster
- Downloadable services to use with young people and a section on using Youth Emmaus in an all-age context
- PowerPoint presentation on Youth Emmaus
- Useful links to Emmaus website

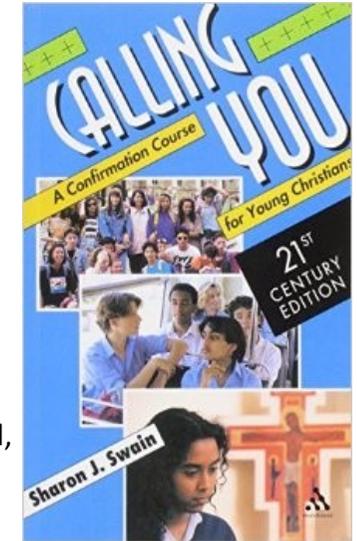
All icons from hand-outs available in colour in a downloadable format

## Calling You: A Confirmation Course for Young Christians: 21st Century Edition

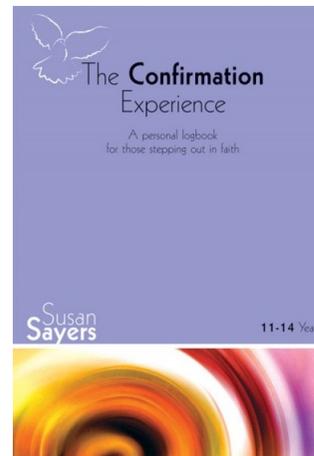
By Sharon Swain

Published by Morehouse

This new edition of the successful Confirmation Course provides a step-by-step guide for adults and young people to work with the clergy in creating their own, practical, Confirmation course. This new edition has been adapted to take account of the new liturgy of the Church of England, and in the light of feedback from six years of use.



## The Confirmation Experience - 11-14

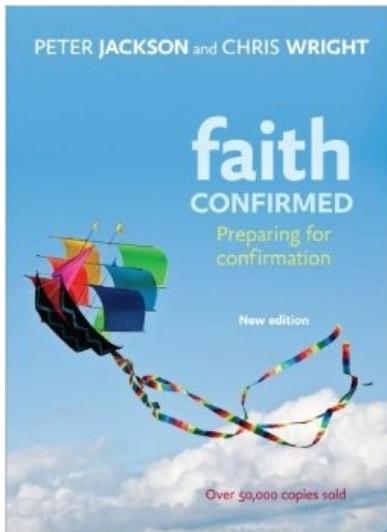


By Susan Sayers

Published by Kevin Mayhew

The Confirmation Experience aims to celebrate Confirmation in a way that grows a healthy community of Christians. Using the image of a journey, there are twelve very varied events rather than a course of study, in which all candidates take part together, along with other members of the church community.

## Faith Confirmed preparing for Confirmation



By Peter Jackson and Chris Wright

Published by SPCK

How do we know God? Why is Jesus' death important? How do I pray? Do I have to go to church to be a Christian? In our journey through life we are often confronted with big questions. What is the purpose of life? Why do people have to die? What happens after death? Where do we look to find an answer to these questions? Christians through the

years have turned towards the Bible and the Church for answers. 'Faith Confirmed' is an introduction to what Anglican Christians believe. It is written for people intending to be confirmed into the Anglican Church and for all those who want to know more about the essentials of the Christian belief. It helps people to learn about the key elements of Christian belief in an interesting and enjoyable way. Each section of the book contains a clear explanation of what Anglicans believe, illustrative stories that explore the meaning of those beliefs, questions encouraging the reader to think the issues through, Bible study and opportunities for prayer and reflection. The reader is encouraged to apply beliefs to everyday life.

## Youth Emmaus 2 – Big Issues and Holy Spaces

By Dot Gosling, Sue Mayfield, Tim Sledge, Tony Washington

Published by Church House Publishing

Youth Emmaus 2 is a fourteen-session interactive discipleship course for young people, designed to help 11- to 16-year-olds integrate their faith into life and to equip them as worshippers and disciples.

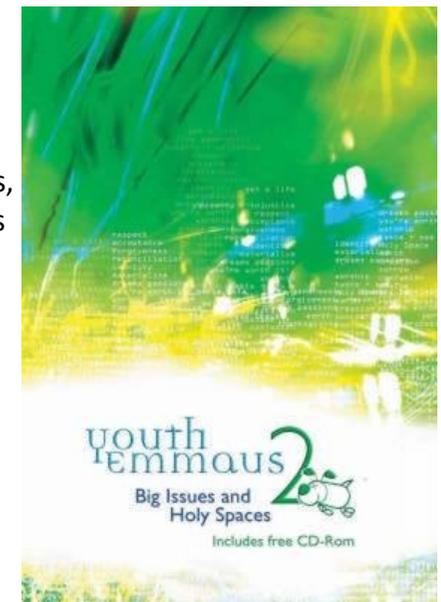
It breaks down into two sections - Big Issues and Holy Spaces.

Big Issues (Sessions 1-7) tackles Jesus' sermon on the mount, engaging with issues like poverty and injustice, forgiveness and reconciliation, dreams and passions.

Holy Spaces (Sessions 8-14) explores creative ways of worshipping together - from protest to praise.

Each session includes detailed leaders' notes, ice-breakers, theme-focused activities, ideas for worship and multimedia suggestions. It's suitable as a discipleship course, a post-confirmation resource, or a framework for a series of one-off events or a youth residential.

It's ideal as a follow-on from Youth Emmaus or as stand-alone material to help young people grow in discipleship. The free CD-ROM includes hand-outs, resource sheets, PowerPoint presentations, cartoons and graphics, a youth Emmaus poster and a bookmark.

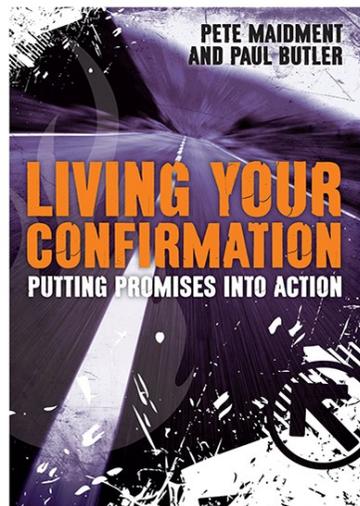
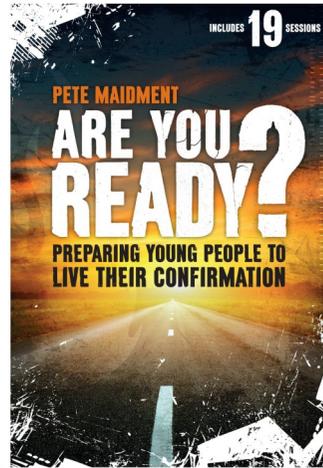


## Are You Ready? Preparing Young People to live their Confirmation

By Pete Maidment

Published by SPCK

A resource to help leaders prepare young people for confirmation. This 'prequel' to the confirmation gift book Living your Confirmation contains 19 ready-to-use, interactive sessions to use with young people who are preparing for confirmation. The first part of the book focuses on the promises made in the confirmation service and relates to the topics covered in Living your Confirmation, including prayer, Holy Communion, going to church and social action. The second part includes sessions on sex, alcohol, image, exams, science, pornography and suffering. An introduction considers the point of confirmation and its role in a young person's faith journey. The book also includes a full programme for a pre-confirmation retreat and a liturgy for the enrolment of confirmands.



## Living Your Confirmation: Putting Promises into Action

By Paul Butler and Pete Maidment

Published by SPCK

A funkily designed confirmation gift book for the teenage market (11-16). Using the promises made in the confirmation service as a structure, this book focuses on keeping going as a Christian beyond the day itself.

## Reconnecting with Confirmation

By Susie Mapledoram, Stephen Lake, Pete Maidment

Published by Church House Publishing

With children taking communion before confirmation now widely practiced in the Church of England, a fresh theological and practical exploration of confirmation is both timely and welcome.

This book will equip clergy, lay church leaders, youth workers and PCCs with a deeper understanding of the origins and theology of confirmation, and of youth culture with its needs for rites of passage that acknowledge within young people an adult faith and an adult position within their church. It will enable churches to put confirmation at the heart of youth discipleship.

It provides:

A clear and comprehensive history of confirmation and its place today.

A holistic view of adolescence and faith/spiritual development that can inform how we approach and facilitate confirmation.

A practical guide to creating the best confirmation experience for young people - from preparation, to the rite itself and beyond.

